



ADVANCING EXCELLENCE IN TRANSGENDER HEALTH

Case Presentations

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Conflict of Interest

- None
 - Except off-label use of medication

“Jane”

- 11 year old assigned male; presents with intense gender dysphoria
- History includes
 - Intense dislike of “boy’s” clothing
 - Sitting to urinate
 - Fights surrounding haircuts
 - Desire to dress in sister’s clothing





ADVANCING EXCELLENCE IN TRANSGENDER HEALTH

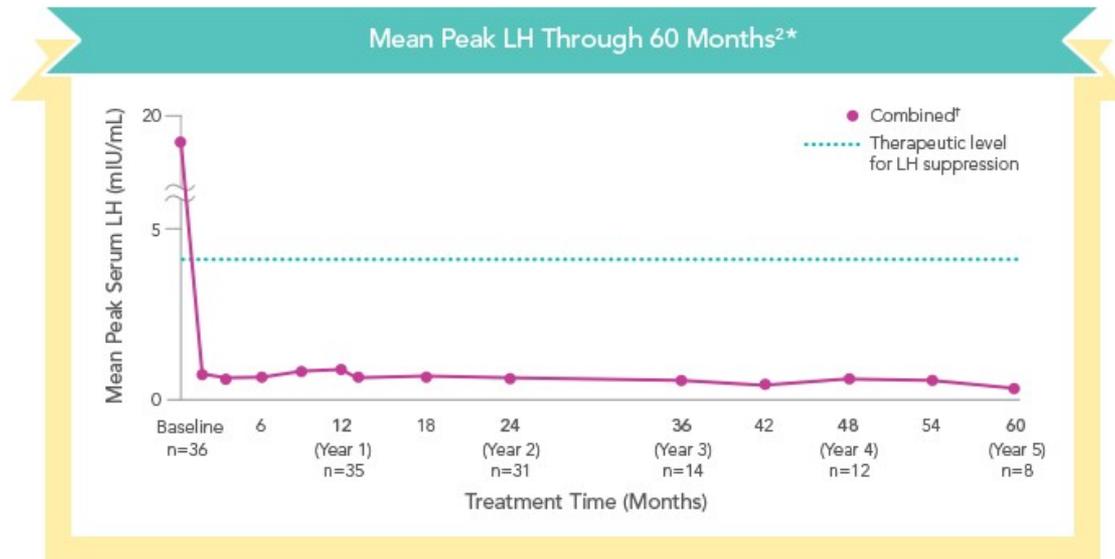
Jane: physical exam

- 5
- 2014: Tanner 2 PH, testes 6 mL bilaterally



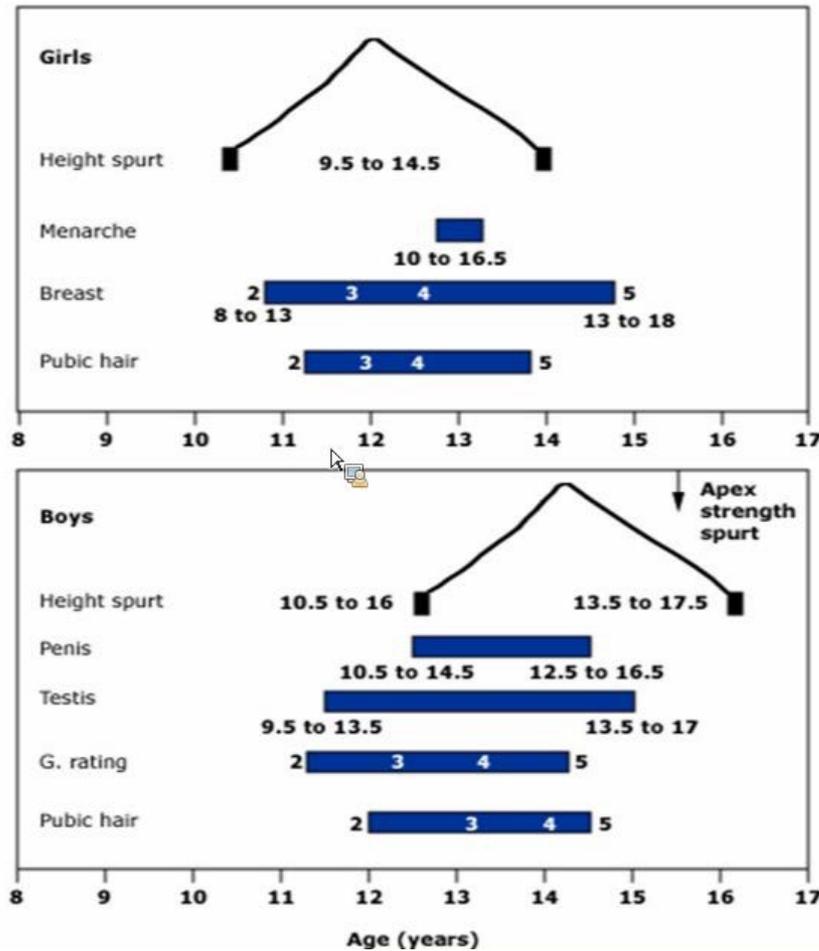
Blocker

S

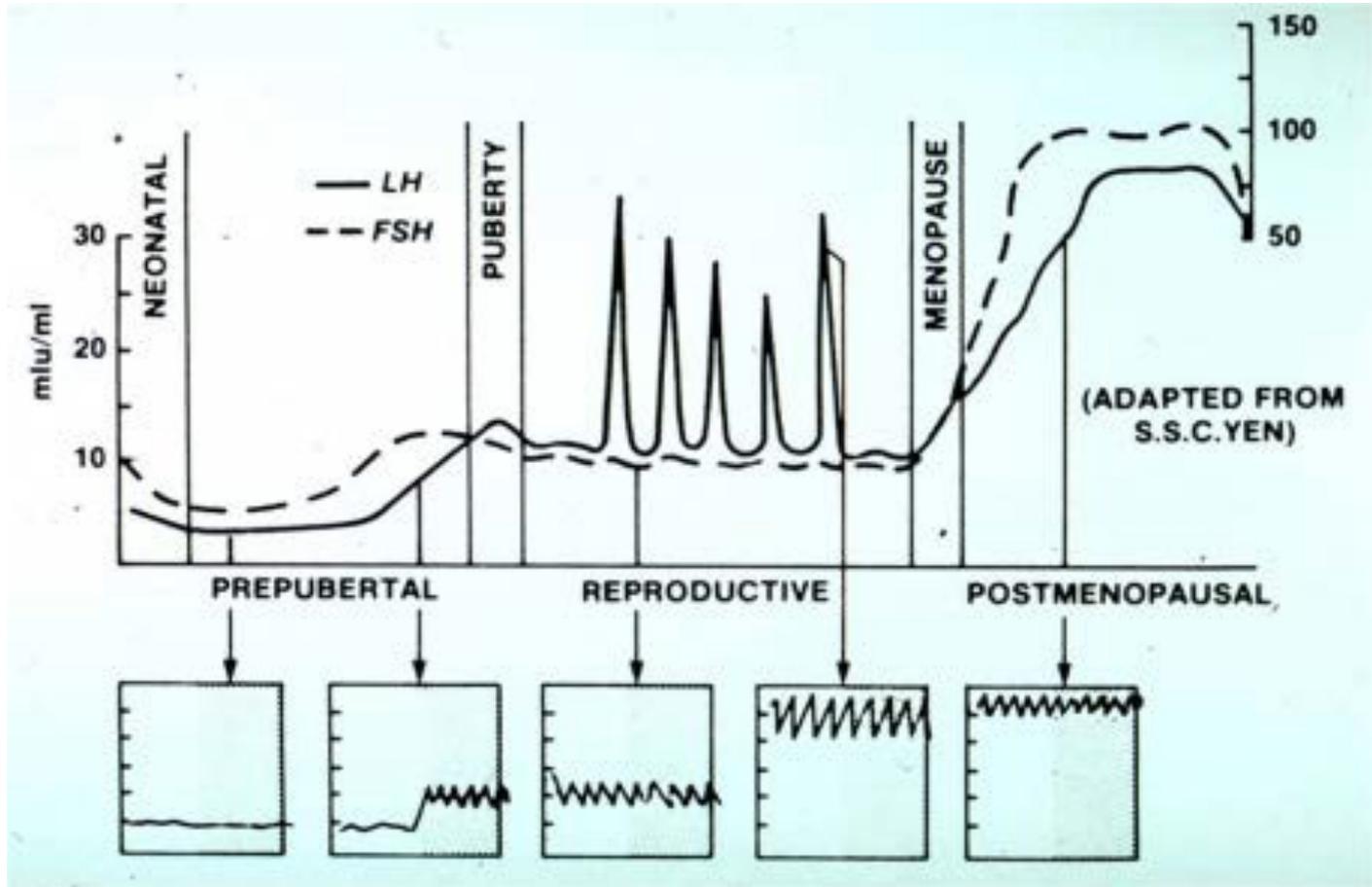




Pubertal T_{mi}



Physiology





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When are blockers appropriate?

- Any sex: Tanner 2 (breast buds, testicular enlargement)
- Assigned males: prevention of the late secondary characteristics (facial hair, angular jaw, broadening of shoulders)
- Assigned females: severe dysmenorrhea after all other options have failed



Blockers – yes or no? (audience participation)

- 9 year old assigned male with Tanner 3 pubic hair, axillary hair, and 3 cc (prepubertal) testicles
- 13 year old assigned female who has had menarche for 6 months
- 17 year old assigned male who has 20-25 mL testes, shaves face once every week



worrie s

- What do kids worry about
- What do parents worry about
- What do clinicians worry about



Kid

S

- What is wrong with me?
- Did God make a mistake?
- What will my friends think?
- Is this feeling about gender or sexuality?
- Will my family still love me? What if they don't?
- Will I be bullied? Teased? Killed? Kill myself?
- What if I am wrong? How can I be sure?
- What about my grandparents? Siblings?
- Will I ever have a "normal" life?
- Will I ever be able to transition? Pass?



Parent

S

- What is wrong with my child?
- What did I do wrong?
- How will I explain this to family and friends?
- What if this is just a phase?
- Is my child conflating sexuality and gender?
- How can I keep my child safe from bullies, self-harm, suicide?
- How can I understand this from my religious or cultural perspective?
- Will I ever accept this? What if I don't?
- How do I know what the right thing to do is?



Provider

S

- Do we know enough to make a recommendation?
- What should we do with the gender fluid youth?
- Who do we 'rule out' from treatment? Defer?
- Is the child too young for an intervention?
- What if we're wrong?
- What about brain development?
- What about psychosocial maturity?
- What if the child self-harms or kills themselves?
- How can we treat with so little research?



ALL-GENDER WASHROOM



**NO ASSUMPTION, NO
STEREOTYPES, NO GENDER ROLES.
JUST TOILETS.**

Here is What a Standard Slide Looks Like

- With bulleted text
 - And sub bullets

Includes Fenway Health Colors Built In

