



ADVANCING EXCELLENCE IN TRANSGENDER HEALTH

# Non-Medical Transition Tools

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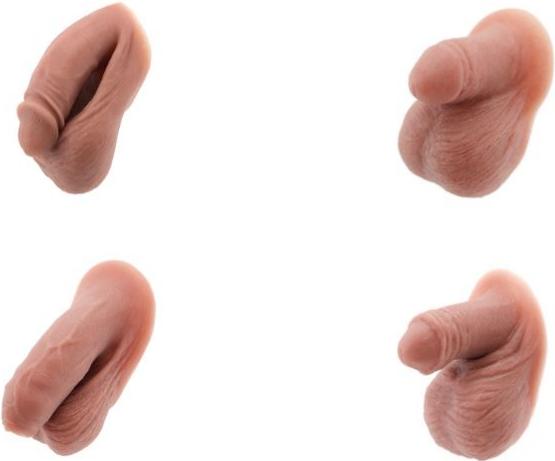
# The Why of Non-Medical Transition Tools

- Not all transgender or gender diverse people want medical gender affirmation – either in the near-term or ever.
- Even if someone has accessed medical gender affirmation, the ways in which gender is expressed in society are far more expansive than one's body
- Signals about gender are both a way for someone to affirm their gender and also to engage with the larger conversation about gender as a social construct
- We all use visual and other sensory cues to indicate gender identity – this is the most apparent form of gender expression

# Binders



# Packers



# STP Devices



STP not included



# Pack-n-Play Devices



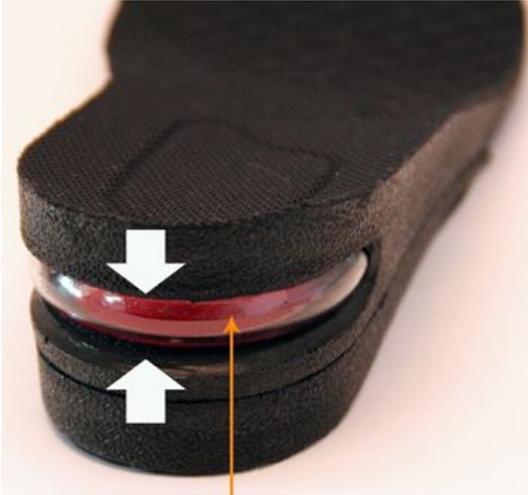
# Pumps



## A brief word about silicone pumping:

- Some transgender people, particularly transfeminine individuals, seek physical gender affirmation through the use of silicone pumping to emphasize breasts, hips, cheeks, and more.
- This is a very dangerous practice, but it is important not to shame patients who have engaged in silicone pumping or who have considered silicone pumping.
  - Socioeconomic and racial disparities often make medical gender affirmation unattainable for many, and some would rather risk pumping than face further gender dysphoria or danger from not “passing”
  - Once silicone is injected, it is almost impossible to remove. Many people are fine after silicone injection, but many are not. Work compassionately with patients to stay aware of warning signs that injected silicone may be causing harm.

# Shoes



**BLUE & BORDEAUX** STRAVERS *Luxury Shoes*

SIZES 36 - 39

[HTTPS://STRAVERS.SHOES](https://stravers.shoes)

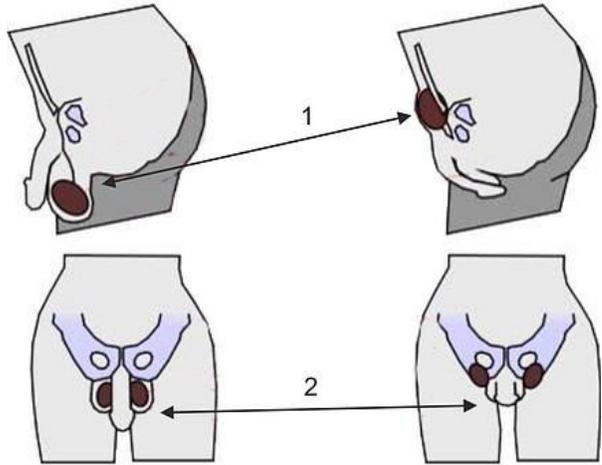
**BLUE THE NEW BLACK** STRAVERS *Luxury Shoes*

SIZES 42 - 46

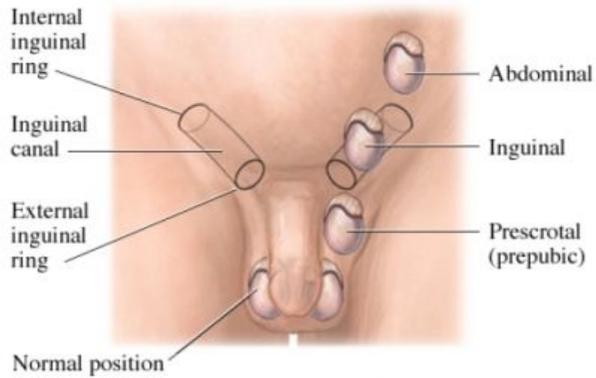
[HTTPS://STRAVERS.SHOES](https://stravers.shoes)



# Tucking



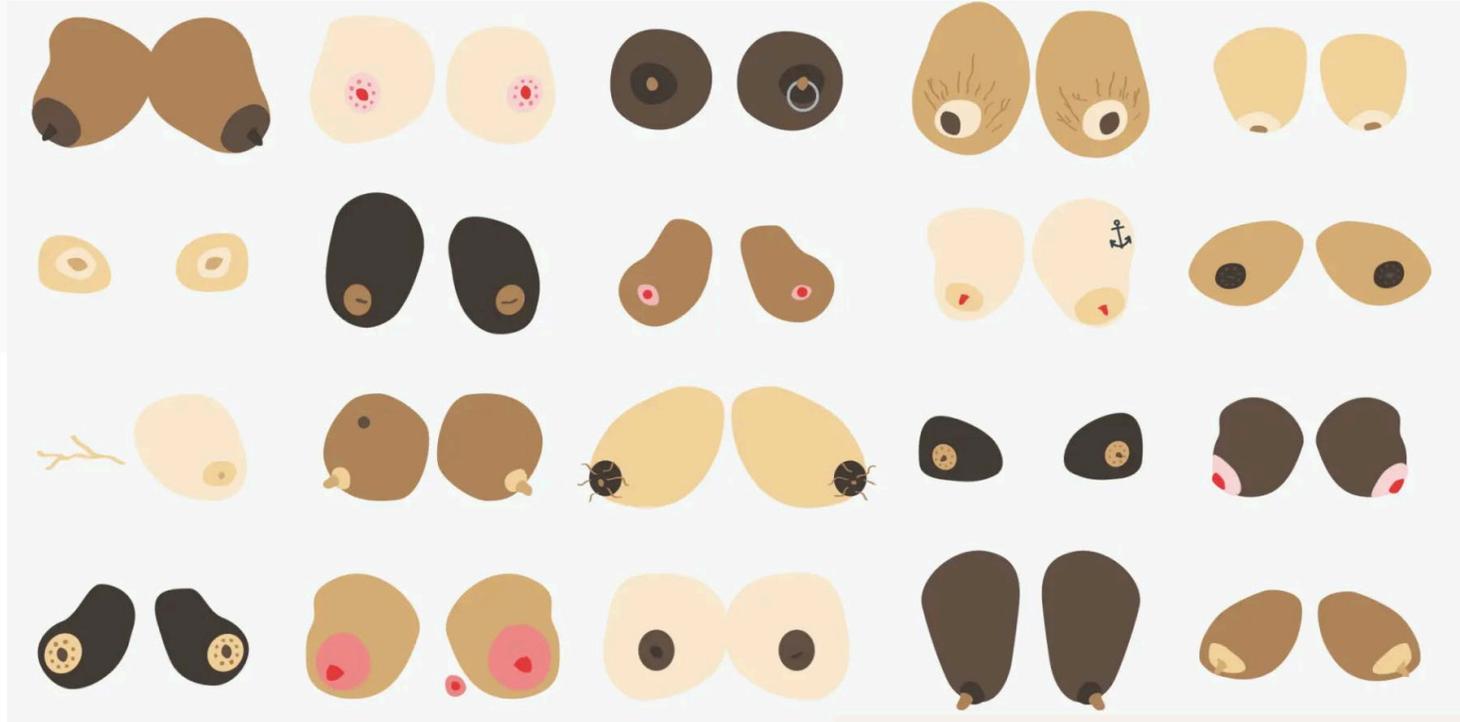
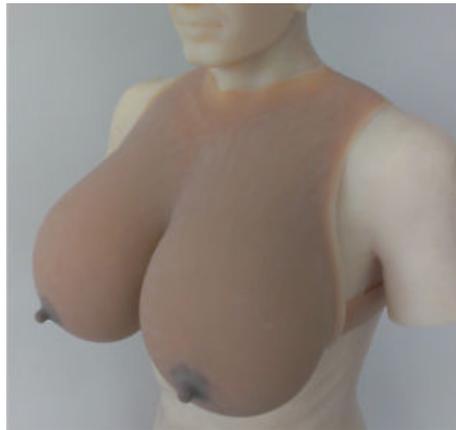
wikiHow



# Gaffs



# Prosthetic Breasts and Breast Forms



# Hair

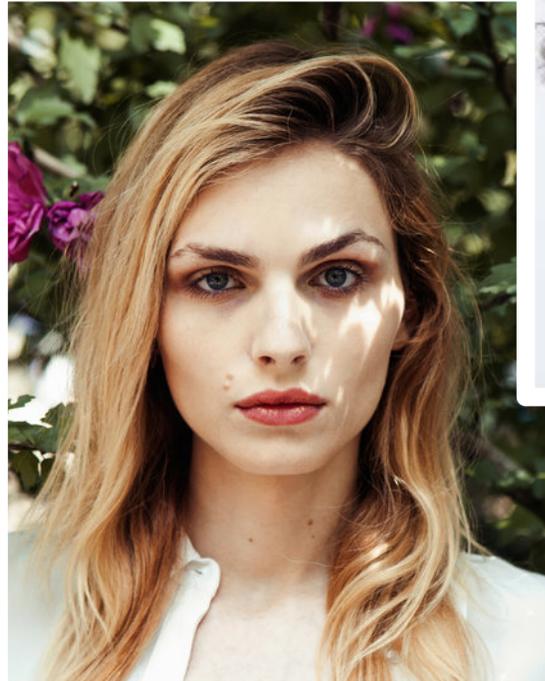
- Good tips for transwomen, by transwomen: <http://point5cc.com/mtf-hairstyle-guide-tips-and-inspiration/>
- Queer hair tips: <https://www.autostraddle.com/7-stylish-queers-share-their-short-hair-style-secrets-400114/>



# Makeup



James Charles for Cover Girl



Andreja Pejic for Sephora



Janet Mock for MAC



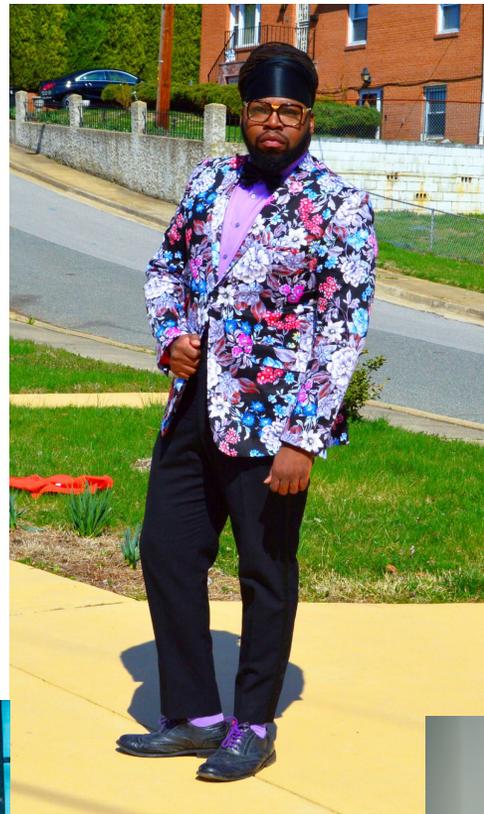
Leyna Bloom for Vogue India



# Non-Binary Style



Ree Melanen



William "Beave" Brooks



Liam



Anastasia



Marquis Neal



Heather Rae Martin



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Special thanks to Sonny Oram and Qwear.com

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[Tranzwear](#)

[Article on Silicone Pumping](#)

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