Non-Medical Transition Tools

Cei Lambert
Program Manager, The National LGBT Health Education Center
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The Why of Non-Medical Transition Tools

- Not all transgender or gender diverse people want medical gender affirmation – either in the near-term or ever.
- Even if someone has accessed medical gender affirmation, the ways in which gender is expressed in society are far more expansive than one’s body
- Signals about gender are both a way for someone to affirm their gender and also to engage with the larger conversation about gender as a social construct
- We all use visual and other sensory cues to indicate gender identity – this is the most apparent form of gender expression
Binders
Packers
STP Devices

Pack-n-Play Devices

STP not included
Pumps

A brief word about silicone pumping:

- Some transgender people, particularly transfeminine individuals, seek physical gender affirmation through the use of silicone pumping to emphasize breasts, hips, cheeks, and more.

- This is a very dangerous practice, but it is important not to shame patients who have engaged in silicone pumping or who have considered silicone pumping.
  - Socioeconomic and racial disparities often make medical gender affirmation unattainable for many, and some would rather risk pumping than face further gender dysphoria or danger from not “passing”
  - Once silicone is injected, it is almost impossible to remove. Many people are fine after silicone injection, but many are not. Work compassionately with patients to stay aware of warning signs that injected silicone may be causing harm.
Shoes
Tucking

Gaffs
Prosthetic Breasts and Breast Forms
Hair

- Queer hair tips: [https://www.autostraddle.com/7-stylish-queers-share-their-short-hair-style-secrets-400114/](https://www.autostraddle.com/7-stylish-queers-share-their-short-hair-style-secrets-400114/)
Makeup

James Charles for Cover Girl

Andreja Pejic for Sephora

Janet Mock for MAC

Leyna Bloom for Vogue India
Non-Binary Style

Ree Melanen

Liam

William “Beave” Brooks

Marquis Neal

Anastasia

Heather Rae Martin

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Gender Gear - $5 Pre-loved binders

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Article on Silicone Pumping
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