

Visit Instructions: Colposcopy

What should I do before the appointment?

If you were referred for a colposcopy by a provider outside of Fenway, **please make sure we have your most recent pap test results and GYN records prior to the appointment.** If we do not receive them, you may not be able to get your colposcopy done on the day of your appointment.

Please schedule your colposcopy on a day that you will not have your period.

Please do not douche, use tampons, or have vaginal intercourse for 24 hours prior to your appointment.

Please take **800mg of Ibuprofen 45 minutes before the procedure.** If you are allergic to Ibuprofen please take 650mg of acetaminophen. These medications will help with the discomfort that can occur with during the procedure.

Please remember to eat something before your appointment.

What should I expect during the procedure?

At the beginning of your appointment you will be asked to leave a **urine sample for a routine pregnancy test.** The procedure takes approximately 10 minutes. If you need to get a biopsy, you may feel discomfort during the procedure. The pre-medication along with relaxation and deep breathing will help.

What should I expect after the procedure?

You may experience soreness in the few days following the procedure. You may spot or have dark colored discharge.

If you have any questions or concerns, please call 617-927-6300 to speak to a nurse.