

2023 LGBTQIA+ Community Meals & Program Calendar

Welcoming community events for LGBTQIA+ older adults and their friends.

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|--|---|---|---|--|
| <p>Pathways Coffee Hour 11:00AM Zoom</p> <p>LGBTQIA+ Older Adults Drop-in 11:30AM – 12:30PM Zoom</p> | <p>Rainbow Coffee Hour 10:00AM Amherst</p> <p>Arlington & Beyond LGBTQ+ Seniors & Friends 2:00PM Zoom/Arlington</p> <p>Out4Supper 6:00 – 8:00PM Jamaica Plain</p> | <p>Rainbow Supper Club 4:00PM Worcester</p> | <p>Café Emmanuel 10:00AM – 1:00PM Boston</p> <p>The Dune Shack 11:00AM Zoom</p> <p>LGBTQ+ & Allies Socials for Seniors 6:00PM Andover</p> <p>Trans 50+ Virtual Visits 7:00PM Zoom</p> | | |
| <p>Pathways Coffee Hour 11:00AM Zoom</p> <p>LGBTQIA+ Older Adults Drop-in 11:30AM – 12:30PM Zoom</p> | <p>Pathways Pizza Café 12:00PM Marlborough</p> <p>Arlington & Beyond LGBTQ+ Seniors & Friends 2:00PM Zoom/Arlington</p> <p>LGBT & Friends Coffee Hour 4:30PM Dracut</p> <p>LGBTQ+ & Friends Social Group 5:00PM Chelmsford</p> | <p>LGBTQ+ Luncheon 11:00AM – 2:00PM Boston</p> <p>Rainbow Lunch 12:00 – 2:00PM Worcester</p> <p>Flashback Café 5:00 – 7:00PM Roxbury</p> | <p>Café Emmanuel 10:00AM – 1:00PM Boston</p> <p>The Dune Shack 11:00AM Zoom</p> <p>Rainbow Elders Lunch 12:30PM Sunderland</p> <p>Rainbow Café 2:30PM Bellingham</p> <p>LGBTQIA+ and Allies Social 5:00PM Somerville</p> | <p>Senior Rainbow Dinner 6:30PM Ashburnham</p> | |
| <p>Lakeside Café 11:00AM – 1:00PM Sharon</p> <p>Pathways Coffee Hour 11:00AM Zoom</p> <p>LGBTQIA+ Older Adults Drop-in 11:30AM – 12:30PM Zoom</p> | <p>Pathways Café Luncheon 12:00PM Marlborough</p> <p>Arlington & Beyond LGBTQ+ Seniors & Friends 2:00PM Zoom/Arlington</p> <p>Mystic Tea 4:00 – 6:00PM Malden</p> | <p>LGBTQ+ Supper Club 5:00-7:00PM Marion</p> | <p>Café Emmanuel 10:00AM – 1:00PM Boston</p> <p>The Dune Shack 11:00AM Zoom</p> <p>Trans 50+ Virtual Visits 7:00PM Zoom</p> | | <p>Out 2 Brunch Brookline 11:00AM – 2:00PM</p> |
| <p>Pathways Coffee Hour 11:00AM Zoom</p> <p>LGBTQIA+ Older Adults Drop-in 11:30AM – 12:30PM Zoom</p> | <p>Arlington & Beyond 2:00PM Zoom/Arlington</p> <p>Rainbow Café 2:30PM Franklin</p> <p>LGBTQ+ & Friends Social Group 5:00PM Chelmsford</p> | <p>Rainbow Lunch 12:00PM Worcester</p> <p>Kate's Café 5:00-7:00PM Cambridge</p> <p>LGBTQ+ Senior Supper Club 5:00-7:00PM Fairhaven</p> <p>Lower Cape LGBTQ+ Seniors 5:00-7:00PM Orleans</p> | <p>Café Emmanuel 10:00AM – 1:00PM Boston</p> <p>The Dune Shack 11:00AM Zoom</p> | | <p>South Shore LGBTQ+ Brunch 10:00AM – 12:00PM Weymouth</p> |

The LGBTQIA+ Aging Project at The Fenway Institute provides support and technical assistance to elder service organizations who are interested in developing community programs for LGBTQ+ older adults in their area. To learn more about starting programs in your area please contact us at LGBTQIAagingproject@fenwayhealth.org or (857) 313-6590.



LGBTQIA+
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LGBTQIA+ Friendly Meals Programs

| WHAT | WHEN | WHERE | RSVP | FORMAT | SPONSOR |
|---|--|---|---|---------------|---|
| Café Emmanuel | Thursdays, 10:00 a.m.- 1:00 p.m. | 15 Newbury St., Boston, MA | Call: (617) 477-6688 Email: Ethosmeals@ ethocare.org | In-person | Ethos |
| Fairhaven COA LGBTQ+ Senior Supper Club | Fourth Wednesday, 5:00-7:00 p.m. | Fairhaven COA -229 Huttleston Ave., Fairhaven | Call: (508) 979-4029 Email: mreed@ fairhaven-ma.gov | In-person | Coastline Elder Services |
| Flashback Café | Second Wednesday, 5:00-7:00 p.m. | Soleil Restaurant - 2306 Washington St. (at Nubian Square), Roxbury, | Email: flashbacksundayeoc@ gmail.com | In-person | Multicultural AIDS Coalition (MAC) |
| Kate's Café | Fourth Wednesday, 5:00-7:00 p.m. | S&S Restaurant - 1334 Cambridge St. in Inman Square, Cambridge | Call: (617) 628-2601 & ask for the Aging Information Center Email: info@eldercare.org | In-person | Somerville Cambridge Elder Services |
| LGBT & Friends Coffee Hour | Second Tuesday, 4:30 p.m. | Dracut Senior Center – 951 Mammoth Rd., Dracut | Call: (978) 957-2611 | In-person | AgeSpan |
| LGBTQ+ & Allies Socials for Seniors | First Thursday, 6:00 p.m. | The Robb Center - 30 Whittier Ct., Andover | Call: (978) 623-8320 Email: kelly.mcshane@andover ma.us | In-person | Andover Elder Services & AgeSpan |
| LGBTQ+ & Friends Social Group (45+) | Second and Fourth Tuesdays, 5:00 p.m. | Chelmsford Senior Center - 75 Groton Road, North Chelmsford | Call: (978) 251-0533 | In-person | Chelmsford Senior Center |
| LGBTQ+ Lakeside Café | Third Monday, 11:00 a.m.- 1:00 p.m. | Sharon Adult Center - 219 Massapoag Ave., Sharon | Call: (781) 784-4944 Email: jdavis@hessco.org | In-person | Sharon Adult Center & HESSCO |
| LGBTQ+ Luncheon | Second Wednesday, 11:00-2:00 p.m. | Rogerson House -32 Beaufort Rd., Boston | Call: (617) 477-6688 Email: Ethosmeals@ ethocare.org | In-person | Ethos |
| LGBTQ+ Supper Club for Older Individuals | Third Wednesday, 5:00-7:00 p.m. | Marion Council on Aging - 465 Mill Street, Marion | Email: Maureen@ sclgbtqnetwork.org | In-person | South Coast LGBTQ+ Network |
| LGBTQIA+ and Allies Social | Second Thursday, 5:00-6:00 p.m. | Somerville Council on Aging – 167 Holland St., Somerville | Call: (617) 625-6600 Email: Mbastardi@ somervillema.gov | In-person | Somerville Council on Aging |
| Lower Cape LGBTQ 55+ Seniors Group | Fourth Wednesday, 5:00-7:00 p.m. | Orleans Senior Center - 150 Rock Harbor Rd, Orleans | Call: (508) 255-6333 | In-person | Orleans Council on Aging |

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|--|---|--|---|---------------|--|
| Mystic Tea | Third Tuesday, 4:00-6:00 p.m. | Mystic Valley Elder Services – 300 Commercial St., Malden | Call: (781) 388-2303 | In-person | Mystic Valley Elder Services |
| Out2Brunch @Goddard House | Third Saturday, 11:00 a-2:00 p | Goddard House – 165 Chestnut St., Brookline | Call: (617) 477-6688 Email: Ethosmeals@ ethocare.org | In-person | Ethos |
| Out4Supper | First Tuesday, 6:00-8:00 p.m. | Mount Pleasant Home - 301 South Huntington Ave., Jamaica Plain | Call: (617) 477-6688 Email: Ethosmeals@ ethocare.org | In-person | Ethos |
| Pathways Café Luncheon | Third Tuesday, 12:00 p.m. | Epicurean Room Restaurant - 215 Fitchburg St., Marlborough | Call: (508) 573-7288 Email: jnowak@springwell.com | In-person | Springwell |
| Pathways Pizza Café | Second Tuesday, 12:00 p.m. | Epicurean Room Restaurant – 215 Fitchburg St., Marlborough | Call: (508) 573-7288 Email: jnowak@springwell.com | In-person | Springwell |
| Rainbow Café | Last Tuesday, 2:30 p.m. | Franklin Senior Center - 10 Daniel McCahill St., Franklin | Call: (508) 520-4945 | In-person | Franklin Senior Center |
| Rainbow Café | Second Thursday, 2:30 p.m. | Bellingham Council on Aging – 40 Blackstone St., Bellingham | Call: (508) 966-0398 | In-person | Bellingham Council on Aging |
| Rainbow Elders Lunch | Second Thursday, 12:30 p.m. | South County Senior Center - 22 Amherst Rd. (Rte. 116), Sunderland | Call: (413) 773-5555 Email: rainbowelders @lifepathma.org | In-person | LifePath |
| Rainbow Lunch | Second and Fourth Wednesdays, 12:00 p.m. | Unitarian Universalist Church of Worcester - 90 Holden St., Worcester | Call: (508) 756-1545 Email: WLEN@eswa.org | In-person | Elder Services of Worcester Area, Inc. |
| Rainbow Supper Club | First Wednesday, 4:00 p.m. | Unitarian Universalist Church of Worcester - 90 Holden St., Worcester | Call: (508) 756-1545 Email: WLEN@eswa.org | In-person | Elder Services of Worcester Area, Inc. |
| Senior Rainbow Dinner | Second Friday, 6:30 p.m. | The Community Church - 84 Main St., Ashburnham | Call: (978) 827-5553 Email: ashburnhamcommunity church@gmail.com | In-person | The Community Church |
| South Shore LGBTQ+ Brunch | Last Saturday, 10:00 a-12:00 p | Fairing Way Retirement Community - 25 Stonehaven Dr., South Weymouth | Call: (781) 848-3910 | In-person | South Shore Elder Services |

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| Arlington & Beyond LGBTQ+ Seniors & Friends | Every Tuesday, 2:00 p.m. | On Zoom or Arlington Council on Aging – 27 Maple St., Arlington | Email: Mshapiro-ide@town.arlington.ma.us | Alternates in-person and virtual | Arlington Council on Aging |
| The Dune Shack: A Virtual Artspace | Every Thursday, 11:00 a.m. | On Zoom | Call: (508) 573-7288 Email: jnowak@springwell.com | Virtual | Springwell |
| Pathways Virtual Coffee Hour | Mondays, 11:00 a.m. | On Zoom | Call: (508) 573-7288 Email: jnowak@springwell.com | Virtual | Springwell |
| Rainbow Coffee Hour | First Tuesday, 10:00-11:00 a.m. | Amherst Senior Center – 70 Boltwood Walk, Amherst | Email: Rainbowcoffeehour Amherst@gmail.com | In-person | Amherst Senior Center |
| Virtual Visit Drop-in for Trans and Gender Expansive Older Adults 50+ | First and Third Thursdays, 7:00-8:00 p.m. | On Zoom | Email: Gmorgan@fenwayhealth.org | Virtual | The LGBTQIA+ Aging Project |
| Zoom Drop-in for LGBTQIA+ Older Adults & Allies | Every Monday and Thursday, 11:30 a.m.-12:30 p.m. | On Zoom | Email: LGBTQIAagingproject@fenwayhealth.org | Virtual | The LGBTQIA+ Aging Project |



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