

2023 LGBTQIA+ Community Meals & Program Calendar

Welcoming community events for LGBTQIA+ older adults and their friends.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Pathways Coffee Hour 11:00AM Zoom</p> <p>LGBTQIA+ Older Adults Drop-in 11:30AM – 12:30PM Zoom</p>	<p>Rainbow Coffee Hour 10:00AM Amherst</p> <p>Arlington & Beyond LGBTQ+ Seniors & Friends 2:00PM Zoom/Arlington</p> <p>Out4Supper 6:00 – 8:00PM Jamaica Plain</p>	<p>Rainbow Supper Club 4:00PM Worcester</p>	<p>Café Emmanuel 10:00AM – 1:00PM Boston</p> <p>The Dune Shack 11:00AM Zoom</p> <p>LGBTQ+ & Allies Socials for Seniors 6:00PM Andover</p> <p>Trans 50+ Virtual Visits 7:00PM Zoom</p>		
<p>Pathways Coffee Hour 11:00AM Zoom</p> <p>LGBTQIA+ Older Adults Drop-in 11:30AM – 12:30PM Zoom</p>	<p>Pathways Pizza Café 12:00PM Marlborough</p> <p>Arlington & Beyond LGBTQ+ Seniors & Friends 2:00PM Zoom/Arlington</p> <p>LGBT & Friends Coffee Hour 4:30PM Dracut</p> <p>LGBTQ+ & Friends Social Group 5:00PM Chelmsford</p>	<p>LGBTQ+ Luncheon 11:00AM – 2:00PM Boston</p> <p>Rainbow Lunch 12:00 – 2:00PM Worcester</p> <p>Flashback Café 5:00 – 7:00PM Roxbury</p>	<p>Café Emmanuel 10:00AM – 1:00PM Boston</p> <p>The Dune Shack 11:00AM Zoom</p> <p>Rainbow Elders Lunch 12:30PM Sunderland</p> <p>Rainbow Café 2:30PM Bellingham</p> <p>LGBTQIA+ and Allies Social 5:00PM Somerville</p>	<p>Senior Rainbow Dinner 6:30PM Ashburnham</p>	
<p>Lakeside Café 11:00AM – 1:00PM Sharon</p> <p>Pathways Coffee Hour 11:00AM Zoom</p> <p>LGBTQIA+ Older Adults Drop-in 11:30AM – 12:30PM Zoom</p>	<p>Pathways Café Luncheon 12:00PM Marlborough</p> <p>Arlington & Beyond LGBTQ+ Seniors & Friends 2:00PM Zoom/Arlington</p> <p>Mystic Tea 4:00 – 6:00PM Malden</p>	<p>LGBTQ+ Supper Club 5:00-7:00PM Marion</p>	<p>Café Emmanuel 10:00AM – 1:00PM Boston</p> <p>The Dune Shack 11:00AM Zoom</p> <p>Trans 50+ Virtual Visits 7:00PM Zoom</p>		<p>Out 2 Brunch Brookline 11:00AM – 2:00PM</p>
<p>Pathways Coffee Hour 11:00AM Zoom</p> <p>LGBTQIA+ Older Adults Drop-in 11:30AM – 12:30PM Zoom</p>	<p>Arlington & Beyond 2:00PM Zoom/Arlington</p> <p>Rainbow Café 2:30PM Franklin</p> <p>LGBTQ+ & Friends Social Group 5:00PM Chelmsford</p>	<p>Rainbow Lunch 12:00PM Worcester</p> <p>Kate's Café 5:00-7:00PM Cambridge</p> <p>LGBTQ+ Senior Supper Club 5:00-7:00PM Fairhaven</p>	<p>Café Emmanuel 10:00AM – 1:00PM Boston</p> <p>The Dune Shack 11:00AM Zoom</p>		<p>South Shore LGBTQ+ Brunch 10:00AM – 12:00PM Weymouth</p>

The LGBTQIA+ Aging Project at The Fenway Institute provides support and technical assistance to elder service organizations who are interested in developing community programs for LGBTQ+ older adults in their area. To learn more about starting programs in your area please contact us at LGBTQIAagingproject@fenwayhealth.org or (857) 313-6590. We also provide support for LGBTQ+ older adults who need help joining these programs or are interested in starting one in their own community.



LGBTQIA+ Friendly Meals Programs

WHAT	WHEN	WHERE	RSVP	FORMAT	SPONSOR
Café Emmanuel	Thursdays, 10:00 a.m.- 1:00 p.m.	15 Newbury St., Boston, MA	Call: (617) 477-6688 Email: Ethosmeals@ ethocare.org	In-person	Ethos
Fairhaven COA LGBTQ+ Senior Supper Club	Fourth Wednesday, 5:00-7:00 p.m.	Fairhaven COA -229 Huttleston Ave., Fairhaven	Call: (508) 979-4029 Email: mreed@ fairhaven-ma.gov	In-person	Coastline Elder Services
Flashback Café	Second Wednesday, 5:00-7:00 p.m.	Soleil Restaurant - 2306 Washington St. (at Nubian Square), Roxbury,	Email: flashbacksundayeoc@ gmail.com	In-person	Multicultural AIDS Coalition (MAC)
Kate's Café	Fourth Wednesday, 5:00-7:00 p.m.	S&S Restaurant - 1334 Cambridge St. in Inman Square, Cambridge	Call: (617) 628-2601 & ask for the Aging Information Center Email: info@eldercare.org	In-person	Somerville Cambridge Elder Services
LGBT & Friends Coffee Hour	Second Tuesday, 4:30 p.m.	Dracut Senior Center – 951 Mammoth Rd., Dracut	Call: (978) 957-2611	In-person	AgeSpan
LGBTQ+ & Allies Socials for Seniors	First Thursday, 6:00 p.m.	The Robb Center - 30 Whittier Ct., Andover	Call: (978) 623-8320 Email: kelly.mcshane@andover ma.us	In-person	Andover Elder Services & AgeSpan
LGBTQ+ & Friends Social Group (45+)	Second and Fourth Tuesdays, 5:00 p.m.	Chelmsford Senior Center - 75 Groton Road, North Chelmsford	Call: (978) 251-0533	In-person	Chelmsford Senior Center
LGBTQ+ Lakeside Café	Third Monday, 11:00 a.m.- 1:00 p.m.	Sharon Adult Center - 219 Massapoag Ave., Sharon	Call: (781) 784-4944 Email: jdavis@hessco.org	In-person	Sharon Adult Center & HESSCO
LGBTQ+ Luncheon	Second Wednesday, 11:00-2:00 p.m.	Rogerson House -32 Beaufort Rd., Boston	Call: (617) 477-6688 Email: Ethosmeals@ ethocare.org	In-person	Ethos
LGBTQ+ Supper Club for Older Individuals	Third Wednesday, 5:00-7:00 p.m.	Marion Council on Aging - 465 Mill Street, Marion	Email: Maureen@ sclgbtqnetwork.org	In-person	South Coast LGBTQ+ Network
LGBTQIA+ and Allies Social	Second Thursday, 5:00-6:00 p.m.	Somerville Council on Aging – 167 Holland St., Somerville	Call: (617) 625-6600 Email: Mbastardi@ somervillema.gov	In-person	Somerville Council on Aging
Lower Cape LGBTQ 55+ Seniors Group	Fourth Wednesday, 5:00-7:00 p.m.	Orleans Senior Center - 150 Rock Harbor Rd, Orleans	Call: (508) 255-6333	In-person	Orleans Council on Aging

WHAT	WHEN	WHERE	RSVP	FORMAT	SPONSOR
Mystic Tea	Third Tuesday, 4:00-6:00 p.m.	Mystic Valley Elder Services – 300 Commercial St., Malden	Call: (781) 388-2303	In-person	Mystic Valley Elder Services
Out2Brunch @Goddard House	Third Saturday, 11:00 a-2:00 p	Goddard House – 165 Chestnut St., Brookline	Call: (617) 477-6688 Email: Ethosmeals@ ethocare.org	In-person	Ethos
Out4Supper	First Tuesday, 6:00-8:00 p.m.	Mount Pleasant Home - 301 South Huntington Ave., Jamaica Plain	Call: (617) 477-6688 Email: Ethosmeals@ ethocare.org	In-person	Ethos
Pathways Café Luncheon	Third Tuesday, 12:00 p.m.	Epicurean Room Restaurant - 215 Fitchburg St., Marlborough	Call: (508) 573-7288 Email: jnowak@springwell.com	In-person	Springwell
Pathways Pizza Café	Second Tuesday, 12:00 p.m.	Epicurean Room Restaurant – 215 Fitchburg St., Marlborough	Call: (508) 573-7288 Email: jnowak@springwell.com	In-person	Springwell
Rainbow Café	Last Tuesday, 2:30 p.m.	Franklin Senior Center - 10 Daniel McCahill St., Franklin	Call: (508) 520-4945	In-person	Franklin Senior Center
Rainbow Café	Second Thursday, 2:30 p.m.	Bellingham Council on Aging – 40 Blackstone St., Bellingham	Call: (508) 966-0398	In-person	Bellingham Council on Aging
Rainbow Elders Lunch	Second Thursday, 12:30 p.m.	South County Senior Center - 22 Amherst Rd. (Rte. 116), Sunderland	Call: (413) 773-5555 Email: rainbowelders @lifepathma.org	In-person	LifePath
Rainbow Lunch	Second and Fourth Wednesdays, 12:00 p.m.	Unitarian Universalist Church of Worcester - 90 Holden St., Worcester	Call: (508) 756-1545 Email: WLEN@eswa.org	In-person	Elder Services of Worcester Area, Inc.
Rainbow Supper Club	First Wednesday, 4:00 p.m.	Unitarian Universalist Church of Worcester - 90 Holden St., Worcester	Call: (508) 756-1545 Email: WLEN@eswa.org	In-person	Elder Services of Worcester Area, Inc.
Senior Rainbow Dinner	Second Friday, 6:30 p.m.	The Community Church - 84 Main St., Ashburnham	Call: (978) 827-5553 Email: ashburnhamcommunity church@gmail.com	In-person	The Community Church
South Shore LGBTQ+ Brunch	Last Saturday, 10:00 a-12:00 p	Fairing Way Retirement Community - 25 Stonehaven Dr., South Weymouth	Call: (781) 848-3910	In-person	South Shore Elder Services

LGBTQIA+ Friendly Community Programs

WHAT	WHEN	WHERE	RSVP	FORMAT	SPONSOR
Arlington & Beyond LGBTQ+ Seniors & Friends	Every Tuesday, 2:00 p.m.	On Zoom or Arlington Council on Aging – 27 Maple St., Arlington	Email: Mshapiro-ide@town.arlington.ma.us	Alternates in-person and virtual	Arlington Council on Aging
The Dune Shack: A Virtual Artspace	Every Thursday, 11:00 a.m.	On Zoom	Call: (508) 573-7288 Email: jnowak@springwell.com	Virtual	Springwell
Pathways Virtual Coffee Hour	Mondays, 11:00 a.m.	On Zoom	Call: (508) 573-7288 Email: jnowak@springwell.com	Virtual	Springwell
Rainbow Coffee Hour	First Tuesday, 10:00-11:00 a.m.	Amherst Senior Center – 70 Boltwood Walk, Amherst	Email: Rainbowcoffeehour Amherst@gmail.com	In-person	Amherst Senior Center
Virtual Visit Drop-in for Trans and Gender Expansive Older Adults 50+	First and Third Thursdays, 7:00-8:00 p.m.	On Zoom	Email: Gmorgan@fenwayhealth.org	Virtual	The LGBTQIA+ Aging Project
Zoom Drop-in for LGBTQIA+ Older Adults & Allies	Every Monday and Thursday, 11:30 a.m.-12:30 p.m.	On Zoom	Email: LGBTQIAagingproject@fenwayhealth.org	Virtual	The LGBTQIA+ Aging Project



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