

## **Fenway Health**

### **SUPERVISED TRAINING INTERNSHIPS/PLACEMENTS FOR GRADUATE STUDENTS IN SOCIAL WORK, COUNSELING, AND PSYCHOLOGY**

#### **Overview**

The Fenway Health Behavioral Health Department has trained graduate and post-doctoral students in the field of mental health for 20+ years. In the Advanced Clinical Program, student applicants will have completed at least one prior clinical practicum and are placed at Fenway Health for the entirety of the academic year.

*Note: Occasionally we accept some students for a summer block placement in our substance use focused program: The ARWP or Addiction, Recovery, and Wellness Program. Application requirements are the same for this role.*

**\*\*\* For the Academic year 2022-2023 Fenway Health is able to accept candidates who can work with LICSWs or LMHCs as clinical supervisors. \*\*\***

#### **Placement Locations**

There are 3 locations where trainees may be placed:

1. 1340 Boylston St., Boston, MA 02215 (Fenway Health or 1340)
2. 142 Berkley St. Boston, MA 02116 (Fenway South End or FSE)
3. 75 Kneeland St. Boston, MA 02111 (The Sidney Borum Jr. Health Center)

#### **Approach**

Fenway Health staff (comprised of social workers, mental health counselors, psychiatrists, victim advocates, substance abuse counselors, case managers and acupuncturists) utilize an interdisciplinary approach and varied therapeutic orientations (psychodynamic, CBT, DBT, and psychoeducational perspectives, among others).

## 2<sup>ND</sup> YEAR ADVANCED CLINICAL PLACEMENT

**\*\*DEADLINE TO APPLY FOR 2022-2023 PLACEMENT IS February 15, 2022\*\***

This placement is for students who have already had at least **one prior year of clinical placement**.

Fenway's behavioral health department has multiple programs under which students will be placed. All clinical students are a part of the behavioral health department, with specific internships being affiliated with one of the following behavioral health programs:

1. **Psychotherapy Program (1-2 openings):** diagnostic assessments, individual, group, and couple therapies, on-going and short-term treatment.
2. **Violence Recovery Program (VRP, 1 opening):** advocacy and therapy for lesbian, gay, bisexual and transgender (LGBT) victims of anti-lgbt violence/harassment, sexual assault and domestic violence, individual and group therapy, diagnostic assessments.
3. **Behavioral Health Specialist Program (BHS, 1-2 openings):** integrated medical and behavioral care, short term/brief therapy, skill-based interventions, crisis intervention, diagnostic assessments, on-going therapy, groups, provide "open access" coverage for medical department when behavioral health intervention needed.
4. **Addiction Recovery and Wellness Program (ARWP, 1 opening):** group work is the main component of this program, along with a small individual case load, and diagnostic assessments. Focus is on substance use issues and treatment.
5. **Low-Threshold Services (1 opening):** targets service provision for high-risk populations including unhoused persons, LGBTQIA+, HIV+, and persons with substance use disorders who otherwise experience difficulty in accessing medical and behavioral health services in more traditional healthcare settings.
6. **Sidney Borum Jr. Health Center (SBHC,1 opening):** targets service provision for high-risk youth ages 12-29, including homeless youth, LGBTQ, HIV+ youth, and young people of color, who otherwise experience difficulty in accessing medical and behavioral health services in more traditional healthcare settings.

### Training schedule and expectations

**Timing and Schedule:** The training program begins in Late-August and ends the Friday before Memorial Day (Aug 2021-May 2022). Students are expected to be on site/in placement for 24 hours per week, including 2 evenings and Tuesdays.

**Expectations:** All students conduct diagnostic evaluations, carry a clinical caseload and have other duties, depending on their program affiliation. Fenway Health serves a large population of lesbian, gay, bisexual, and transgender clients and many HIV+ people. We also provide treatment for our medical patients who are diverse in terms of sexual orientation, gender identity, age, race, ethnicity, and socioeconomic status.

**Groups:** Students will be expected to co-lead groups as part of their placement, and may be able to co-lead the following groups with a staff member:

- CBT for Anxiety, CBT for Depression, LGBT Mood Disorders, Chronic Pain, and Gay Men's Mood Disorders (among others).
- The intern in the Addiction, Recovery, and Wellness Program will co-lead a Recovery Skills & Support Group and/or a Relapse Prevention Group.
- The intern in the VRP program may co-lead a Trauma Recovery Group, a Male Sexual Assault Group and/or the Mindfulness & Movement Group.
- Two interns will be able to co-lead the Exploring Sexual Orientation Group and/or the Exploring Gender Identity group.

**Supervision:** All interns receive 1 hour of individual supervision from their primary supervisor and 2 hours of group supervision with the Coordinator of BH training.\*\* Group supervision will focus on therapy cases and certain groups. Students receive additional supervision from the staff member with whom they are paired for diagnostic evaluations and groups.

**Process Recordings:** All interns will be expected to complete process recordings (**regardless of their discipline**) for their primary supervisor and will be expected to audio record and/or transcribe individual therapy sessions for group supervision.

**Seminar and Meeting Schedule:**

- There is a didactic seminar (Rhonda J. Linde Fenway Forum) from 8:45 - 9:45 am on Tuesday mornings (see sample seminar schedule below).
- Group supervision will be held on Tuesday afternoons from 3-5 pm.
- On Tuesday mornings there are regular department meetings from 10-11:15 am and once a month, those meetings extend until 1pm to allow for an in-service training and the department wide meeting.
- These include weekly intake, crisis management and treatment planning meetings, monthly in-services, monthly department meetings and monthly Fenway all-staff meetings.

In addition, each program has meetings that the intern placed in that program attends:

- Violence Recovery Program: Wednesdays, 1-3 pm
- Addiction Recovery and Wellness Program: The ARWP Team meets Mondays 1-2 pm and the Suboxone Team Meeting is held Tuesdays 12:45-1:15 pm
- Behavioral Health Specialist Team: Wednesdays from 9-10 am  
Sidney Borum Clinical Meetings: 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays from 9:00am-10:00am *encouraged*;  
Team Meeting: 2<sup>nd</sup> Wednesday from 10:00am-11:00am **required**; 3<sup>rd</sup> Tuesday from 11:00am-12:00pm *encouraged*
- Low Threshold Services: Mondays, 12:30-1:30

All interns can attend the all-staff meeting on the third Tuesday from 12:30 am - 1:30 pm.

## **Application Process for Advanced Placement**

There are 5-7 advanced training slots available and open to graduate school trainees from social work, counseling, and psychology programs and are highly competitive.

We would like our interns to have prior experience as individual therapists and we look for students who are able to be sensitive to the life circumstances of our client population, who can function independently while handling the stress of a fast-paced, demanding environment, and those with excellent time management skills.

Interested students should submit all completed materials (**please send all within one email/do not send materials in multiple emails**):

- Resume
- Cover letter (cover letter should state top 3 programs of interest)
- 2 letters of recommendation.

Submit all materials by **February 15, 2022 by 5 p.m. ET electronically** to:

*Meghan McGrath, LICSW*  
*Coordinator of Behavioral Health Training*  
[mmcgrath@fenwayhealth.org](mailto:mmcgrath@fenwayhealth.org)

If the student appears to be a suitable candidate, they will be asked to interview with the Training Coordinator and another supervising clinician from the Fenway Health staff.

References will be checked.

Applicants are required to submit completed applications by **February 15, 2022 by 5 p.m. ET** as decisions are made by mid to late March. No late applications will be accepted.

**\*\*Fenway Health strives to create a cohesive group of interns who will be able to work well together\*\***

**(SAMPLE) The Rhonda J. Linde Fenway Forum  
2020-2021 Seminar Series**

Sept 4	8:45-9:45	<b>Suicide Assessment and Emergency Procedures</b>
Sept. 11	8:45-9:45	<b>Trauma: Treatment Options, Part 1</b>
Sept 12	2:00-2:50	<b>Boundaries, part 1</b>
Sept. 18	8:45-9:45	<b>Introduction to basic principles of group therapy</b>
Sept 25	8:45-9:45	<b>Substance Use Disorders, Addictive Behaviors and the LGBT Community</b>
Oct 2	8:45-9:45	<b>LGBTQ Domestic Violence</b>
Oct 9	8:45-9:45	<b>Working with Trans/GNC Clients, Part 1: Clinical Competency and Basic Overview</b>
Oct 10	2:00-2:50	<b>Working with Trans/GNC Clients, Part 2: Surgical Evaluations</b>
Oct. 16	8:45-9:45	<b>Working with Trans/GNC, Part 3: Case Discussions</b>
Oct. 23	8:45-9:45	<b>Higher Levels of Care and Walk-In Services at Fenway</b>
Oct. 30	8:45-9:45	<b>Working with Trans/GNC, Part 4: Working with Partners of Trans/GNC individuals</b>
Nov 6	8:45-9:45	<b>Trauma: Treatment Options, Part 2</b>
Nov 7	2:00-2:50	<b>Finding Your Therapeutic Voice: Part 1</b>
Nov 13	8:45-9:45	<b>Working with LGBTQ/GNC Minorities</b>
Nov. 20	8:45-9:45	<b>Acupuncture for Behavioral Health Issues and Substance Use Disorders</b>
Nov 27	8:45-9:45	<b>Liberation Health: Social Justice in Clinical Practice</b>
Dec 4	8:45-9:45	<b>BDSM</b>