

Fenway Health

SUPERVISED TRAINING INTERNSHIPS/PLACEMENTS FOR GRADUATE STUDENTS IN SOCIAL WORK AND COUNSELING

Overview

The Fenway Health Behavioral Health Department has trained graduate and post-doctoral students in the field of mental health for 20+ years. In the Advanced Clinical Program (2nd Yr+), students will have completed at least one prior clinical practicum and are placed at Fenway Health for the academic year.

Note: Occasionally we accept some students for a summer block placement in our substance use focused program: The ARWP or Addiction, Recovery, and Wellness Program

*****For the Academic year 2021-22 Fenway Health is not able to accept psychology trainees from doctoral programs nor post-docs. Masters level candidates can participate if they do not need a licensed, doctoral level psychologist to supervise their work.*****

There are 3 locations where trainees may be placed:

1. 1340 Boylston St., Boston, MA 02215 (Fenway Health location)
2. 142 Berkley St. Boston, MA 02116 (Fenway South End location)
3. 75 Kneeland St. Boston, MA 02111 (The Sidney Borum Jr. Health Center location)

Fenway Health staff (comprised of social workers, mental health counselors, psychiatrists, victim advocates, substance abuse counselors, case managers and acupuncturists) utilize an interdisciplinary approach and varied therapeutic orientations (psychodynamic, CBT, DBT, and psychoeducational perspectives, among others).

2ND YEAR ADVANCED CLINICAL PLACEMENT

****DEADLINE TO APPLY FOR 2020-2021 PLACEMENT IS February 1, 2021****

This placement is for students who have already had at least one prior year of clinical placement.

All clinical students are based in the behavioral health department, with specific internships being affiliated with one of the following behavioral health programs:

1. Psychotherapy Program (1-2 openings): diagnostic assessments, individual, group, and couple therapies, on-going and short-term treatment. There are 2 tracks within this placement: one with a focus on general adult populations and another with a focus on high-risk populations (all ages).
2. Violence Recovery Program (VRP, 1 opening): advocacy and therapy for lesbian, gay, bisexual and transgender (LGBT) victims of anti-lgbt violence/harassment, sexual assault and domestic violence, individual and group therapy, diagnostic assessments.
3. Behavioral Health Specialist Program (BHS, 1-2 openings): integrated medical and behavioral care, short term/brief therapy, skill-based interventions, crisis intervention,

diagnostic assessments, on-going therapy, groups, provide “open access” coverage for medical department when behavioral health intervention needed.

4. Addiction Recovery and Wellness Program (ARWP, 1 opening): group work is the main component of this program, along with a small individual case load, and diagnostic assessments. Focus is on substance use issues and treatment.
5. Low-Threshold Services (1 opening): targets service provision for high risk populations including unhoused persons, LGBTQ, HIV+, and persons with substance use disorders who otherwise experience difficulty in accessing medical and behavioral health services in more traditional healthcare settings.
6. Sidney Borum Jr. Health Center (SBHC)/High Acuity Care (1 opening): targets service provision for high risk youth ages 12-29, including homeless youth, LGBTQ, HIV+ youth, and young people of color, who otherwise experience difficulty in accessing medical and behavioral health services in more traditional healthcare settings.

Training schedule and expectations

The training program begins in Late-August and ends the Friday before Memorial Day (Aug 2021-May 2022). Students are expected to be on site/in placement for 24 hours per week, including 2 evenings and Tuesdays. All students conduct diagnostic evaluations, carry a clinical caseload and have other duties, depending on their program affiliation. Fenway Health serves a large population of lesbian, gay, bisexual and transgender clients and many HIV+ people. We also provide treatment for our medical patients who are diverse in terms of sexual orientation, gender identity, age, race, ethnicity and socioeconomic status.

Students will be expected to co-lead groups as part of their placement, and may be able to co-lead the following groups with a staff member: CBT for Anxiety, CBT for Depression, LGBT Mood Disorders, Chronic Pain, and Gay Men’s Mood Disorders (among others). The intern in the Addiction, Recovery, and Wellness Program will co-lead a Recovery Skills & Support Group and/or a Relapse Prevention Group. The intern in the VRP program may co-lead a Trauma Recovery Group, a Male Sexual Assault Group and/or the Mindfulness & Movement Group. Two interns will be able to co-lead the Exploring Sexual Orientation Group and/or the Exploring Gender Identity group.

All interns receive 1 hour of individual supervision from their primary supervisor and 2 hours of group supervision with the Coordinator of BH training**. Group supervision will focus on therapy cases and certain groups. Students receive additional supervision from the staff member with whom they are paired for diagnostic evaluations and groups.

All interns will be expected to complete process recordings (regardless of their discipline**) for their primary supervisor and will be expected to audio record and/or transcribe individual therapy sessions for group supervision**

There is a didactic seminar (Rhonda J. Linde Fenway Forum) from 8:45am-9:45am on Tuesday mornings (see sample seminar schedule below). Group supervision will be held on Tuesday afternoons from 3-5pm. On Tuesday mornings there are regular department meetings from 10-11:15 and once a month, those meetings extend until 1pm to allow for an in-service training and the department wide meeting. These include weekly intake, crisis management and treatment planning meetings, monthly in-services, monthly department meetings and monthly Fenway all-staff meetings.

In addition, each program has meetings that the intern placed in that program attends:

Violence Recovery Program: Wednesdays, 1-3PM

Addiction Recovery and Wellness Program: The ARWP Team meets Mondays 1-2PM and the Suboxone Team Meeting is held Tuesdays 12:45-1:15PM

Behavioral Health Specialist Team: Wednesdays from 9AM-10AM

Sidney Borum HC: Intakes: 1st and 3rd Tuesdays, 9-10AM (only if the student does not have seminar that day and is at the Borum location that morning)

Low Threshold Services: TBD

All interns can attend the all-staff meeting on the third Tuesday from 12:30am-1:30pm.

Application Process for Advanced Placement

There are 6-7 advanced training slots available. These slots are open to graduate school trainees from social work and counseling programs and are highly competitive.

We would like our interns to have prior experience as individual therapists and we look for students who are able to be sensitive to the life circumstances of our client population, who can function independently while handling the stress of a fast-paced, demanding environment, and those with excellent time management skills.

Interested students should submit a resume, cover letter (cover letter should state top 2-3 programs of interest) and 2 letters of recommendation. Submit these materials **electronically** to:

Meghan McGrath, LICSW
Coordinator of Behavioral Health Training
mmcgrath@fenwayhealth.org

If the student appears to be a suitable candidate, they may be asked to interview with the Training Coordinator and another supervising clinician from the Fenway Health staff.

References will be checked.

Applicants are required to submit completed applications by **February 1, 2021** as decisions are made by late-February/mid-March. Fenway Health strives to create a cohesive group of interns who would work well together.

**(SAMPLE) The Rhonda J. Linde Fenway Forum
2020-2021 Seminar Series**

Sept 4	8:45-9:45	Suicide Assessment and Emergency Procedures
Sept. 11	8:45-9:45	Trauma: Treatment Options, Part 1
Sept 12	2:00-2:50	Boundaries, part 1
Sept. 18	8:45-9:45	Introduction to basic principles of group therapy
Sept 25	8:45-9:45	Substance Use Disorders, Addictive Behaviors and the LGBT Community
Oct 2	8:45-9:45	LGBTQ Domestic Violence
Oct 9	8:45-9:45	Working with Trans/GNC Clients, Part 1: Clinical Competency and Basic Overview
Oct 10	2:00-2:50	Working with Trans/GNC Clients, Part 2: Surgical Evaluations
Oct. 16	8:45-9:45	Working with Trans/GNC, Part 3: Case Discussions
Oct. 23	8:45-9:45	Higher Levels of Care and Walk-In Services at Fenway
Oct. 30	8:45-9:45	Working with Trans/GNC, Part 4: Working with Partners of Trans/GNC individuals
Nov 6	8:45-9:45	Trauma: Treatment Options, Part 2
Nov 7	2:00-2:50	Finding Your Therapeutic Voice: Part 1
Nov 13	8:45-9:45	Working with LGBTQ/GNC Minorities
Nov. 20	8:45-9:45	Acupuncture for Behavioral Health Issues and Substance Use Disorders
Nov 27	8:45-9:45	Liberation Health: Social Justice in Clinical Practice
Dec 4	8:45-9:45	BDSM
Dec 11	8:45-9:45	Intro to Narrative Therapy