

Visit Instructions: Birth Control Implant

What should I do before the appointment?

Please remember to continue using your current birth control until the implant is inserted. If you are not currently using any form of birth control, please do not engage in unprotected sex for at least 7 days before your appointment.

Please remember to eat something before your appointment.

What should I expect during the procedure?

At the beginning of your appointment you will be asked to leave a **urine sample for a routine pregnancy test.** The procedure takes approximately 20 minutes.

The provider will discuss your birth control options and will go into more detail about the specifics of the procedure.

What should I expect after the procedure?

You may experience menstrual spotting and irregular bleeding after the implant is inserted.

If you experience bleeding heavier than a regular period or cannot feel the implant in your arm, please call 617-927-6300 to speak to a nurse.