

6 WAYS WE CAN HAVE SAFER SEX IN THE TIME OF MONKEYPOX

1 Stop going to places with lots of sexual activity

It might be time **temporarily** to hang up the group sex and saunas until we all get two shots of the vaccine. As soon as *fall 2022*, we hope to have enough vaccines for all who want it!

Slutty summer? Hold off for a monkeypox-free cider donut anal autumn!



2 Use sex "pods"

Similar to how people established pods to make socialization safer from COVID-19, try a sex pod! Pod members monitor for symptoms for a few days after last exposure and limit sexual partners to pod members.

3 Open & honest communication with sex partners

Before meeting up with a partner, discuss if you or they have had any other recent sex partners or had prolonged skin-to-skin contact with others. Discuss your health and whether you have any sores or other side effects.

4 Condom use

Although the hallmark monkeypox rash or pox can appear anywhere, they are commonly reported on the genitals and perianal area. Condom use won't fully protect against monkeypox, but it could help **reduce the risk of skin-to-skin contact** with any lesions in these areas (including internal lesions!)

5 More clothing

Monkeypox being mostly spread through skin-to-skin contact, anything you can do to reduce the amount of skin you have in contact with others makes riskier spaces—like bars or circuit parties—easier to manage!

T-shirt at a circuit party? Long sleeves at the Eagle? Break out the fetish gear! If Kim K can do it, you can too.



6 Take care of yourself and others

If you do test positive for monkeypox, or if you have flu-like symptoms or a new rash, please stay home, get tested, and try to get TPOXX—a safe and likely effective **antiviral treatment** for monkeypox—if you can.

adapted from the Poz.com article "Six Ways We Can Have Safer Sex in the Time of Monkeypox" by Nicholas Diamond, Joe Osmundson and Grant Roth

