

Fenway Health Alternative Insemination Program
Required Laboratory Studies

- **Up to date cervical cancer screening:**
 - Age < 30yo: Normal Pap smear and/or HPV test within 3 years
 - Age 30+: Normal Pap smear and/or HPV test within 5 years
 - Any age: If currently being monitored for an abnormal Pap smear, will discuss at your AI enrollment visit. This is likely not a contraindication to joining the program.

- **Within one year** of the AI enrollment visit:
 - Complete physical examination or pelvic examination with office visit notes (including blood pressure and BMI)
 - Gonorrhea and Chlamydia (cervical, vaginal or urine test)
 - Blood Group/Rh Factor (or proof of blood group/Rh factor) and Blood Antibody Screen
 - Rubella Titer (or proof of MMR vaccination)

- **Within 6 months** of the AI enrollment visit:
 - HIV Antibody
 - HBsAG Surface Antigen (Hepatitis B surface antigen)
 - Syphilis Testing
 - Hemoglobin A1C (if diabetic or prediabetic)

- The following tests **may be indicated:**
 - HCV (Hepatitis C)
 - Varicella (Chicken Pox)

- Genetic carrier screening **is recommended**

- If you are an AETNA patient, to increase your likelihood of coverage you will also need:
 - FSH level within 6 months if you are \geq 39yo
 - FSH level within 12 months if you are 38yo or younger

Send us your lab results through your Fenway Health MyChart (preferred), to the email AIProgram@fenwayhealth.org, or by faxing them to 617-247-3460 (Attn: Alix Quinn, NP).